



FOOD & WATER RESOURCE TOOLKIT

Energy Action Items

- In the case of a leak, I immediately contact my landlord or Housing representative.
- I have a low-flow shower head or take shorter showers.
- I turn off water while applying soap, shampoo, or shaving in the shower.
- I wait until I have a full load of laundry before washing.
- I know who my local water utility is and my water source.
- If possible, I have a rain barrel to collect water for house plants.
- I bring my own reusable takeout containers when I eat out.
- I am vegan, vegetarian, or limit meat consumption.
- I use reusable plates, cups, and utensils.
- I seek food establishments that serve local/organic food.
- I am aware of the free Temple Community Garden farm stand hours and local Farmer's Markets.
- I buy foods that have been certified organic or fair trade.
- When purchasing food, I only buy food I will use.

RESOURCES

Factory Farming

[The Dirt on Factory Farming | Video](#)

Green City Clean Waters

[Green City Clean Waters](#)

Philadelphia Food Waste

[How to Recycling Food Waste in Philly](#)

Food Assistance

[The Cherry Pantry](#)

[Help Applying For and Information On the Supplemental Nutrition Assistance Program \(SNAP\) aka Food Stamps.](#) Work Study Students are automatically eligible

